



**Dycem**<sup>®</sup>  
non-slip<sup>®</sup>  
GRIPS · HOLDS · OPENS



*Making life easier*



## Welcome to the world of Dycem non-slip

On first impression Dycem is such a simple product, but when you begin to list all the things that it can be used for you begin to realise what a vital piece of equipment it

is. It has a positive impact not only in the home, but also at work, and during leisure pursuits. Within these settings every individual will use it differently to help reduce pain, protect joints, locate items or increase independence.

The versatility of the Dycem products mean they are an essential piece of 'kit' for the young, old and everyone in between. One product is used for many, many purposes.

This booklet includes some of the uses we have come up with, but how does Dycem make your life easier?

Jen Cave-Ayland,  
Occupational Therapist

Dycem non-slip products are non sticky but grip on both sides to prevent movement. They are ideal for improving grip, providing support, stability, visual cues and confidence during everyday activities and exercise.

## Dycem non-slip:

- ✓ Multi-purpose - grips, holds & opens
- ✓ Long lasting - easy to clean
- ✓ Non-toxic and latex free
- ✓ Dycem products incorporate an antimicrobial to protect them from degradation
- ✓ The professional's choice
- ✓ Award winning
- ✓ Simple to use

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## Around the Home



**Dycem is particularly helpful for anyone with gripping difficulties but we can all find uses for Dycem around the home...**

Sometimes even the smallest of gadgets can be a big help especially if you have arthritic hands. Using Dycem non-slip Jar and Bottle Openers to help is a simple option. The Dycem non-slip material allows for easier opening and closing of stubborn lids and caps.

The Openers are not only useful in the kitchen, but also in the bathroom for opening pill bottles and cleaning materials.



“ I am very impressed with the ease at which I can use the bottle opener. I get a lot of pain in my hands and wrists but I found the Dycem non-slip bottle openers easy to use; In fact, I have several different kinds and I found these the easiest to use. They are soft and flexible with superb grip, which allows me to manoeuvre my palm and fingers to the position that suits me. ”

**Mrs G Stephenson, UK**

**Around the Home**





Dycem non-slip Mats help with a range of eating and dining activities. They are great for use in conjunction with mixing bowls, chopping boards and blenders.

### Our Yellow range



Colour contrast is important for many partially sighted people, as it helps to make items easier to see against work surfaces.

Placing a white bowl on a brightly coloured Yellow Dycem Mat will help make it easier to see as well as making the bowl more stable.



“ Dycem is the perfect solution to my needs! I am permanently in a wheelchair, and use a tray with a bean-bag type cushion to keep it on my lap. If I don't keep my knees absolutely level, plates of food slide to the floor. With my Dycem, plates and even cutlery stay securely on the tray, no matter how much the tray tilts. ”

**Mervyn Keeble, USA**



## Seating & Positioning



Dycem Reel material or Netting can be cut to the required size and therefore used discreetly if needed on furniture. There are a variety of colour options to either contrast or blend in with the furniture depending on the individual's need.

Using Dycem non-slip Reel material beneath feet and on seats will improve positioning and posture when standing or sitting.

It is also great for use on armrests to help with altered tone and under cushions and pillows to stop sliding.



“ Being able to sit comfortably is vitally important for social, psychological and physical reasons. Dycem can help in achieving the optimum sitting position. ”

**Jen Cave-Ayland,  
Occupational Therapist**



## Fall Prevention & Mobility





The correct technique when going from sitting to standing or vice versa is crucial when trying to reduce the incidence of falls. Dycem Mats can be placed on the floor by a chair or bed to prompt the correct positioning of the feet.



Dycem non-slip Floor Mats provide a surer footing for those who experience weight transference and balance problems, either when pushing up from a seated position or lowering themselves down onto a seat.



Dycem Super Grip Tapes can be cut to any size and attached to surfaces where a comfortable and built-up grip is required. The tapes are ideal for wrapping around the handles of crutches, walkers and other types of mobility equipment, to make going from sit-to-stand a little easier.



**Clinic, exercise & physiotherapy**



Every therapy department can benefit from having a stock of Dycem in the cupboard. Likewise, community therapists should never be without some in their bag. Whatever the caseload or setting, Dycem can help clients to maximise their therapeutic potential and ultimately their independence.

For gait re-education and balance activities, Dycem Reel material and Mats can be used under hands, feet and knees.

Dycem can also stabilise equipment or limbs in weight bearing exercises.



**Clinic, Exercise & Physiotherapy**





Dycem Reel material can be cut to size and be placed under pedal exercisers to prevent movement. Dycem Mats can also be used for stability with parallel bar exercise.



“ As a Physiotherapist within the stroke setting I have used Dycem’s non-slip products with great clinical effectiveness.

From dense hemiplegic strokes to mild alterations in an individual’s strength or grip, the Dycem non-slip products have been functional to all my clients.

”

**Adam page, Chartered physiotherapist**



## Product Overview



## Reels

### Products

Products	Grey	Blue	Red	Green	Black	Yellow	Grey	Pink	Green
NS03S1 20cm x 1m x 0.5mm	•	•	•	•	•	•	•	•	•
NS03L1 40cm x 1m x 0.5mm	•	•	•	•	•	•	•	•	•
NS03S2 20cm x 2m x 0.5mm	•	•	•	•	•	•	•	•	•
NS03L2 40cm x 2m x 0.5mm	•	•	•	•	•	•	•	•	•
NS03S5 20cm x 5m x 0.5mm	•	•				•			
NS03L5 40cm x 5m x 0.5mm	•	•				•			
NS03S9 20cm x 9m x 0.5mm	•	•	•	•	•	•	•	•	•
NS03L9 40cm x 9m x 0.5mm	•	•	•	•	•	•	•	•	•
NS13RDS 20cm x 15m x 0.5mm	•	•	•	•	•	•	•	•	•
NS13RDL 40cm x 15m x 0.5mm	•	•	•	•	•	•	•	•	•



## Coasters & Placemats

### Products

Products	Grey	Blue	Red	Green	Black	Yellow	Grey	Pink	Green
Coasters (4) NS08MC 9cm x 9cm x 3mm	•	•	•	•	•	•			
Coaster NS0214 14cm diameter x 3mm	•	•	•	•	•	•		•	•
Mat NS0219 19cm diameter x 3mm	•	•	•	•	•	•		•	•
Mat NS02SM 25cm x 18cm x 3mm	•	•	•	•	•	•		•	•
Mat NS02MD 35cm x 25cm x 3mm	•	•	•	•	•	•		•	•
Mat NS02LG 38cm x 45cm x 3mm	•	•	•	•	•	•		•	•



## Floor Mats

### Products

Floor Mat NS02FM 45cm x 60cm x 3mm NS02FM

Nose over Toes NS14PM 35cm x 50cm x 1 mm



## Openers

### Products

Jar Opener NS07JO 11.8cm diameter

Bottle Opener NS07BO 5.2cm diameter

Jar Opener & Mat Set (Jar Opener & 14cm Coaster) NS07JM



## Self Adhesive & Netting

### Products

Panel NS05PA 40cm x 90cm x 0.8mm

Strips (Pk of 3) NS05ST 40cm x 3cm x 0.8mm

Netting NS07NE 60cm x 2m

Super Grip Tapes (Pk of 2) NS05KK 110cm x 3cm x 3mm

Silver/4  
Blue/1  
Red/2  
Green/3  
Black/6  
Yellow/8  
White/5  
Grey/7  
Pink/PK  
Lime/LM

### Colour Key & Codes

# Endless Applications

Catering



Marine



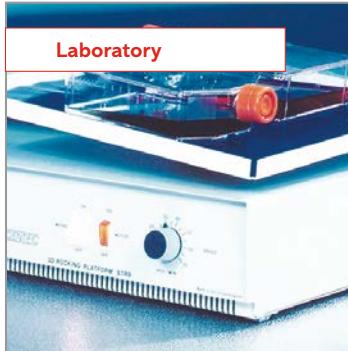
Transport



Office



Laboratory



Printed Mats



Home & Leisure



Occupational Therapy



Music



## Product Care

If your Dycem product gets dirty or dusty, simply restore the non-slip properties by washing in warm soapy water and allowing to dry.

Alternatively use Dycem alcohol based non-slip wipes to leave all non-slip products instantly dry and ready to reuse.

## Product Details & Where to Buy

For further details on these products and the whole dycem range please visit:

**[www.dycem-ns.com](http://www.dycem-ns.com)**

For details of our distributors or a free material sample please e-mail:

**[nonslip@dycem.com](mailto:nonslip@dycem.com)**

# Dycem<sup>®</sup> non-slip<sup>®</sup>

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Please let us know how you use your Dycem product, simply email [yourideas@dycem.com](mailto:yourideas@dycem.com) or tag us on **Twitter** to be entered into our monthly draw!



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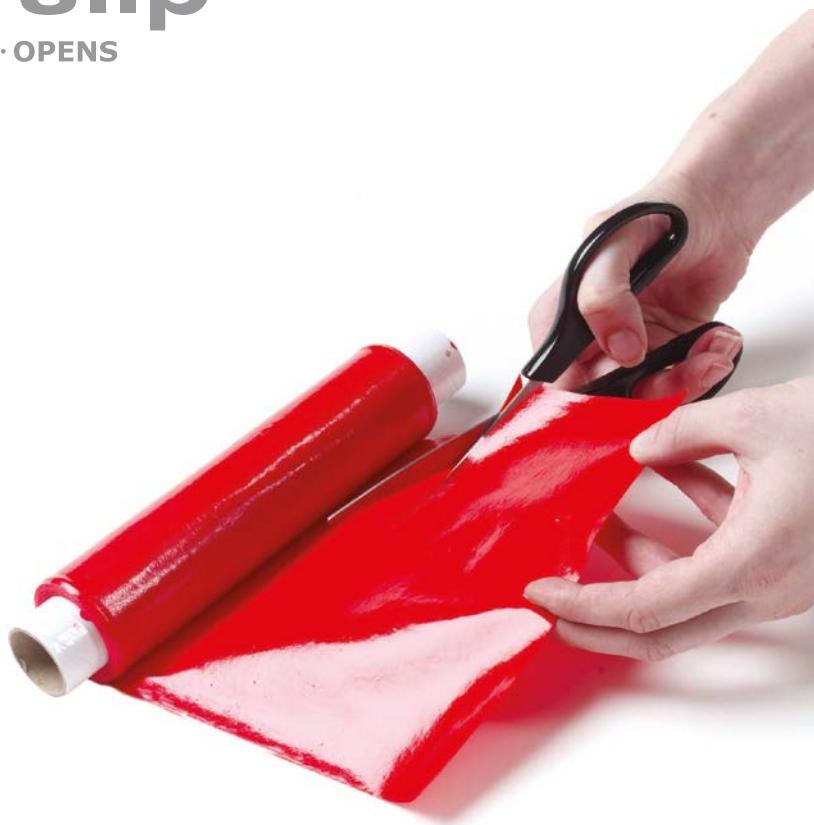
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